



Social/ Visual Story for The Met

This Social Story will help you prepare for your visits to The Met for workshops/ shows.



This is the front door of The Met, all visitors and staff enter the building through here, and you will enter through this door too. There are two sets of glass doors that will open automatically.

Sometimes, if you are arriving for a session that is outside of our normal opening hours, you will wait for a short while until someone opens the doors for you.

In between the glass doors is a big machine that sometimes blows hot air out to help keep the foyer warm.



Once you have come through the door, you will be in our foyer which looks like this.



It is quite a large space with a stone floor.

There are stairs to the left which go up to the main performance space and bar.



Our Box Office is also on the left. This is where people purchase tickets for shows and where you will need to register for your workshop. There is a phone and a big computer screen on the desk.

On the top surface of the Box Office, you will see various leaflets advertising shows and our programmes.



The faces you might see sitting behind this desk are Jeka, Jack, Shaun or Nathan.





On the right-hand side of the foyer is the entrance to our cafe, Malt.

Sometimes this will be open before your workshops to go and have a sit down. You can order hot or cold drinks in here and sometimes (particularly at lunchtime or if there is

an evening performance on) there will be members of the public having a drink in here too.



Straight in front of you is the entrance to The Box. This is one of the spaces where we hold workshops. It is also used for performances.

It is a large room all painted black. Sometimes you might see the room with the bright strip lights on...



Or the stage lights might be on...

Sometimes the seats will be out ready for an audience...

Or sometimes the room will be empty with just a few chairs around the space. There are also some large speakers on

either side of the space, so do be mindful as you move around the room.

Down the corridor next to The Box, on the left is the lift to take you upstairs to the 1st floor and you will see another door that leads through to the offices behind the scenes.



Further down towards the back of the building you will see posters for the shows we have coming up in the venue



then the ladies' toilets on the left and the men on the right.



In the ladies' toilets there are three cubicles, two of which have doors that open inwards and one outward.



There are three sinks and a single hand dryer which makes a loud noise when used.



In the men's there are three urinals on the right once you enter...



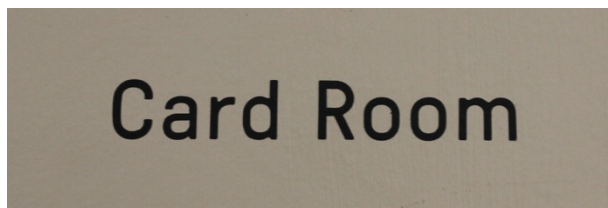
Two sinks on the left...



A cubicle immediately in front of you as you enter and two hand dryers on the wall nearest the door.



At the bottom of the corridor on the left is the Card Room.





This is a room that is sometimes used for workshops. It is a medium sized room with big windows that let in a lot of natural light.



There are two cupboards in the top left-hand corner and one in the bottom right.

There is also a big TV on one wall that is used for video calling.



There are often tables and chairs out in this room for meetings or workshops.

Creative Hub

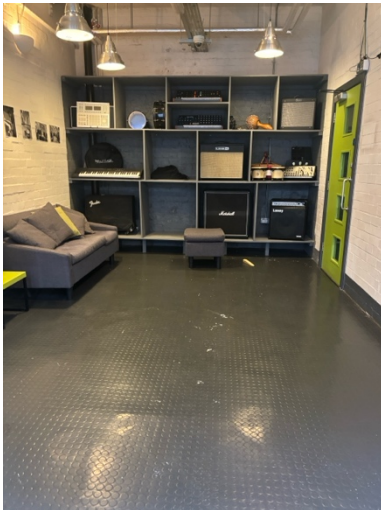
Leaving the building by the door at the end of the corridor, you will find a step down into the car park. It's not that nice out here and you do need to be careful as you cross from one building to another.





A few metres ahead and to your right and you will see the doorway to the Creative Hub. You will either be greeted at the door here or you will need to ring the bell.

Dan is our Recording Studio Manager and he will come and greet you.



In front of you, you will see sofas and a display and on the right door that leads through to the recording studio. There is also a small window so that people in the foyer can see into the control room.

On the left is a small corridor that leads to the kitchen and toilet.
The Toilet in this building is a disabled one and looks like this.



Through the door into the studio is a small corridor with a door to the left leading to the control room. This is where the material that is recorded is channelled into to be mixed and mastered.



At the end of the corridor is another door that leads through to a small booth and then through into the Live Room.



This is where musicians go to be recorded. There are green panels on the wall to help with the sound quality and various cables and instruments in the room. If you are using this room and would prefer to have it arranged in a certain way, we can support you with this and provide updated images of exactly what it will look like when you visit.





In the Creative Hub, you can also go upstairs. The stairs are behind a door in the foyer and are quite steep.

At the top of the stairs there is a door on both the right and left. To the right is an office used by one of our tenants Unity House. To the left is the door to The Loft.



The Loft is one of our workshop spaces. It is a very large, bright rectangular room with windows all the way along one side. There are sofas at one end and a couple of tables spread out in the room. To the right there is a door to another office and the fire escape is also to the right.



From the foyer in front of the Box Office, on your right you will see the stairs. They are fairly shallow with very pretty banister rails on either side.



At the top of the stairs there is a small landing and a set of double doors. These will usually be open.

In front of you, you will see three options. To the left is a corridor with the entrance to the lift on the right-hand side, followed by the ladies' toilets. At the far end on the left, a door leading to an office. You need a staff fob to enter this door. At the end of the corridor is a fire exit door.



In front of you at the top of the stairs is another corridor. On the left here you will find the men's toilets and the accessible toilet and baby change. There is a changing places unit in here too.



At the top of this corridor is the stage door. This is only accessible to staff, technicians and performers.

On the right are two doors which both lead to the Stanley Bar. This is a large space with a bar at one end with big windows that look out onto Market Street at the bar end and windows that have a black covering behind them at the other end. There are tables and chairs spread across the room of different sizes and shapes.



Leading out from the Stanley Bar there are another two sets of doors.



These take you through into Derby Hall which is our main performance space. Sometimes you might see the seats down in this room

but sometimes it might just be an empty space.



There is a stage at one end with a 'lighting rig' above which is used to hold the lights that throw light onto the stage for performers so that they can be seen by their audiences.



On one side of the room there is an 'accessibility platform' where audience members who use wheelchairs can sit to get a better view of the stage. Sometimes we also use this platform for cameras when we are filming or live streaming an event.



At the back of the hall, there is a set of stairs that take you up to the very back row of the seating where the control desk is. This is where the lights and sound for shows are operated from.



You might see Chris, Terry or Craig sitting up here and sometimes also guest operators from the bands or companies who come to visit us and perform.

